

2024 Summer Camp Medical Form Instructions

BSA standards and state laws require accurate medical records for campers and staff. They are also critical to ensure timely, effective care should you or your Scout become sick or injured while at camp. All campers, adult leaders and staff MUST complete the BSA Annual Health and Medical Record form annually. Forms expire after the last day of the 12th calendar month from the physical exam date (similar to car inspection stickers).

Without a completed medical form, Scouts, leaders, parents, and visitors WILL NOT PARTICIPATE in many camp activities including (but not limited to) swimming, boating, climbing, COPE, and sports, and may not remain in camp longer than 72 hours.

Read the medical form carefully. The next page highlights areas that are commonly incomplete. Please note the following:

Part A

This page contains an important risk advisory, informed consent, and release. Please read this advisory carefully. The participant and parents (if participant is under 18) must sign to acknowledge agreement with the information on this page. This page also includes space to list adults who are authorized (or prohibited) to take this participant to/from events.

Part B

Part B contains the participant's contact and insurance information and general health history. Page 2 of this section contains information about medication and allergies. Please complete these sections carefully and accurately. The parents and health care professional must sign to authorize all medication **including non-prescription medication**.

Part C

Part C is the annual physical. This page should be completed and signed by the health care professional conducting the physical examination. If your health care professional generates a form for their office that is used for sports, schools, or camp that includes an e-Signature, everything listed on Part C, and clears the participant to participate in activities without restrictions, attach it to the medical form - the physician does NOT have to sign part C in this case. Physicals are required for all events lasting longer than 72 hours.

Part D-NH

Part D-NH is unique to Camp Wanocksett. This page provides permission to possess & use epinephrine auto-injectors and/or asthma inhalers. The Scout's health care professional and the parent/guardian must sign the bottom of this page. This Is required by NH state regulations; this page is not required for Scouts attending any camps in Massachusetts.

Part D-MA

Part D-MA is unique to Treasure Valley and HNE's Cub Scout Day Camp Programs. This page includes authorizations for Scouts to participate in Shooting Sports activities during summer camp as well as be provided with specific over-the-counter medications. A parent/guardian must sign the bottom of this page. These items are required by MA state regulations; this page is not required for Scouts attending Camp Wanocksett.

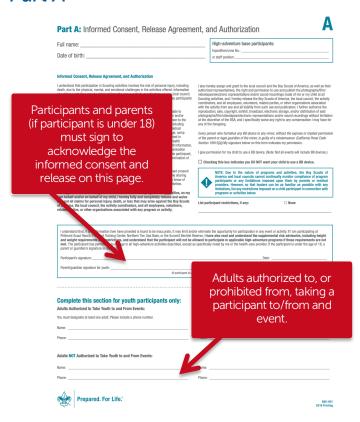
Common Mistakes

- Missing parent/guardian signature (Part A)
- Missing emergency contact information (Part B)
- Incomplete medication information (Part B)
- Missing signature for non-prescription medication (Part B)
- Missing medical insurance card (Part B)
- Missing complete immunization record (Part B)
- Missing physician signature (Part B & C)
- Physical exam more than 12 months ago (Part C)

NOTE: NH State regulations require that a copy of your complete immunization record be attached to your medical form. MA State regulations require written documentation showing immunizations are up to date in accordance with the most current CDC Immunization Schedules.

Only submit a COPY of your medical form. Keep the original for use at other Scouting activities.

Part A



Part B2



Part B1

Full n	ame: of bir	1: General Information/Health th:	Include insurance information and attach a copy of the participant's insurance card (front and back).				
Council 1	Name/N	a:	Unit No.:				
Health/A	ccident	Insurance Company:	Policy No.:				
•	Please	attach a photocopy of both sides of the insurance card. If you	do not have medical insurance, enter "none" above.				
In case	of em	ergency, notify the person below:					
Name:			Relationship:				
Address:			Home phone: Other phone:				
		t name:	Alternate's phone:				
		Story have or have you ever been treated for any of the following? Condition	Explain				
		Diabetes	Last HbA1c percentage and date: Insulin pump: Yes No				
		Hypertension (high blood pressure)					
		Adult or congenital heart disease/heart attack/chest pain (anginal/ heart murmun/coronary artery disease. Any heart surgery or procedure. Explain all "yes" answers.					
		Family history of heart disease or any sudden heart-related death of a family member before age 50.					
		Stroke/TIA					
		Asthma/reactive airway disease	Last attack date:				
		Lung/respiratory disease					
		COPD					
		Ear/eyes/nose/sinus problems					
		Muscular/skeletal condition/muscle or bone issues					
		Head injury/concussion/TBI					
		Altitude sickness					
		Psychiatric/psychological or emotional difficulties					
		Neurological/behavioral disorders					
		Blood disorders/sickle cell disease					
		Fainting spells and dizziness					
		Kidney disease	Last seizum date:				
님		Seizures or epilepsy	rast setzine date:				
ᆜ		Abdominal/stomach/digestive problems					
님		Thyroid disease Skin issues					
Η		Obstructive sleep agnes/sleep disorders	CPAP: Yes □ No □				
H		Distructive steep apnea/steep disorders List all surgeries and hospitalizations	CPAP: Yes No L				
	H	List any other medical conditions not covered above	Linux designs y waste.				
	P	repared. For Life."	690-001 2019 Printing				

Part C



Part A: Informed Consent, Release Agreement, and Authorization



Full name:		High-adventure base participants:			
Date of birth:	Expedition/crew No.: or staff position:				
	or stari position:	_			
Informed Consent, Release Agreement, and Authorization I understand that participation in Scouting activities involves the risk of personal injury, including death, due to the physical, mental, and emotional challenges in the activities offered. Information about those activities may be obtained from the venue, activity coordinators, or your local council. I also understand that participation in these activities is entirely voluntary and requires participants to follow instructions and abide by all applicable rules and the standards of conduct.	authorize videotap Scouting coordina	hereby assign and grant to the local council and the Boy Scouts of America, as well as the prized representatives, the right and permission to use and publish the photographs/film/tapes/electronic representations and/or sound recordings made of me or my child at all ting activities, and I hereby release the Boy Scouts of America, the local council, the activitients, and all employees, volunteers, related parties, or other organizations associated the activity from any and all liability from such use and publication. I further authorize the	ity		
In case of an emergency involving me or my child, I understand that efforts will be made to contact the individual listed as the emergency contact person by the medical provider and/or adult leader. In the event that this person cannot be reached, permission is hereby given to the medical provider selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for me or my child. Medical providers are authorized to disclose protected health information to the adult in charge, camp	reproduce photogra at the dis any of th	duction, sale, copyright, exhibit, broadcast, electronic storage, and/or distribution of said ographs/film/videotapes/electronic representations and/or sound recordings without limits discretion of the BSA, and I specifically waive any right to any compensation I may have if the foregoing.	atior for		
medical staff, camp management, and/or any physician or health-care provider involved in providing medical care to the participant. Protected Health Information/Confidential Health Information (PHI/CHI) under the Standards for Privacy of Individually Identifiable Health Information,	of the pa	e parent or legal guardian of the minor, is guilty of a misdemeanor. (California Penal Code on 19915[a]) My signature below on this form indicates my permission.	13101		
45 C.F.R. §§160.103, 164.501, etc. seq., as amended from time to time, includes examination findings, test results, and treatment provided for purposes of medical evaluation of the participant, follow-up and communication with the participant's parents or guardian, and/or determination of	_	permission for my child to use a BB device. (Note: Not all events will include BB devices.)		
the participant's ability to continue in the program activities.	□ Che	hecking this box indicates you DO NOT want your child to use a BB device.	_		
(If applicable) I have carefully considered the risk involved and hereby give my informed consent for my child to participate in all activities offered in the program. I further authorize the sharing of the information on this form with any BSA volunteers or professionals who need to know of medical conditions that may require special consideration in conducting Scouting activities. With appreciation of the dangers and risks associated with programs and activities, on my	NOTE: Due to the nature of programs and activities, the Boy Scouts of America and local councils cannot continually monitor compliance of program participants or any limitations imposed upon them by parents or medical providers. However, so that leaders can be as familiar as possible with any limitations, list any restrictions imposed on a child participant in connection with programs or activities below.				
own behalf and/or on behalf of my child, I hereby fully and completely release and waive any and all claims for personal injury, death, or loss that may arise against the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with any program or activity.	List par	participant restrictions, if any:	_		
I understand that, if any information I/we have provided is found to be inaccurate, it may limit and/Philmont Scout Ranch, Philmont Training Center, Northern Tier, Sea Base, or the Summit Bechtel Re and weight requirements and restrictions, and understand that the participant will not be al met. The participant has permission to engage in all high-adventure activities described, except as parent or guardian's signature is required.	eserve, I ha I lowed to p s specifical	have also read and understand the supplemental risk advisories, including height to participate in applicable high-adventure programs if those requirements are not cally noted by me or the health-care provider. If the participant is under the age of 18, a			
Participant's signature:		Date:			
Parent/guardian signature for youth:((if participant is und	lor the age of	Date:			
(if participant is und	ici ilie age 01	в UI 1UJ	_		
Complete this section for youth participants only:					
Adults Authorized to Take Youth to and From Events:					
You must designate at least one adult. Please include a phone number.					
Name:	Name:	e:	_		
Phone:	Phone:	9:	_		
Adults NOT Authorized to Take Youth to and From Events:					
Name:	Name:	2:	_		



Full name	:		High-adventu	re base participants:	
	rth:		1	Vo.:	
Date of bi	i ui				
Age:	Gender:	Height (inches):		Weight (lbs.):	
Address:					
Citv·	State:	;	7IP code·	Phone:	
Unit leader:					
	No.:			Unit No.:	
	t Insurance Company:				
Tieaitii/Accideii	t insurance company.		Folicy No		
Please	e attach a photocopy of both sides of the insurance card. If you	do not have medical in	surance, enter "none	e" above.	
In case of en	nergency, notify the person below:				
Name:			Relationship:		
Address:		Home phon	e:	Other phone:	
Alternate conta	ct name:		Alternate's phone	:	
Ugalth U	iotory				
Health H	y have or have you ever been treated for any of the following?				
Yes No	Condition			Explain	
	Diabetes	Last HbA1c percentag	e and date:	Insulin pump: Yes 🗆	No □
	Hypertension (high blood pressure)				
	Adult or congenital heart disease/heart attack/chest pain (angina)/ heart murmur/coronary artery disease. Any heart surgery or procedure. Explain all "yes" answers.				
	Family history of heart disease or any sudden heart-related death of a family member before age 50.				
	Stroke/TIA				
	Asthma/reactive airway disease	Last attack date:			
	Lung/respiratory disease				
	COPD				
	Ear/eyes/nose/sinus problems				
	Muscular/skeletal condition/muscle or bone issues				
	Head injury/concussion/TBI				
	Altitude sickness				
	Psychiatric/psychological or emotional difficulties				
	Neurological/behavioral disorders				
	Blood disorders/sickle cell disease				
	Fainting spells and dizziness				
	Kidney disease				
	Seizures or epilepsy	Last seizure date:			
	Abdominal/stomach/digestive problems				
	Thyroid disease				
	Skin issues				
	Obstructive sleep apnea/sleep disorders	CPAP: Yes □ No □			
	List all surgeries and hospitalizations	Last surgery date:			



List any other medical conditions not covered above

Date of birth:				, , , , , , ,	or staff position:			
DO YOU	gies/Medicati Juse an Epinephri NJECTOR? Exp. date	_		DO YOU USE AN ASTHMA RESCUE YES NO INHALER? Exp. date (if yes)			NO	
Are you	allergic to or do you have	any adverse reaction to any of the fo	ollowing?					
Yes	No Allergies o	r Reactions	Explain	Yes No Alle	ergies or Reactions	Explain		
	Medication			Plants				
	Food			Insect	bites/stings			
List all	medications curren	tly used, including any over-	the-counter medication	ns.				
☐ Che	eck here if no medio	ations are routinely taken.	\square If additional s	space is needed, pleas	e list on a separate sheet	and attach.		
	Medication	Dose	Frequency		Reason			
☐ YES	S □ NO Non-p	prescription medication administration	on is authorized with these ex	ceptions:			_	
Administ	tration of the above medic	cations is approved for youth by:						
		Parent/guardian signature	/	MD/DO, NP,	or PA signature (if your state requires s	gnature)	_	
4		tions in sufficient quantities and in		e sure that they are NOT ex	pired, including inhalers and Epi	Pens. You SHOULD NOT STOP ta	aking	
4	any maintenance med	dication unless instructed to do so	by your doctor.					
lmm	unization							
The follo	wing immunizations are i	recommended. Tetanus immunizatio						
,		ck the disease column and list the d		, ,	Please list any addit medical history:	ional information about yo	ur	
Yes	No Had Disease	Immunizatio	on	Date(s)				
		Tetanus			_			
		Pertussis						
		Diphtheria			_			
		Measles/mumps/rubella						
		Polio			DO NOT WRITE IN THE Review for camp or special a			
		Chicken Pox			Reviewed by:			
		Hepatitis A			Date:			
		Hepatitis B			Further approval required:			
		Meningitis			Reason:			
		Influenza						
		Other (i.e., HIB)			Approved by:			
	<u> </u>				Date:			

High-adventure base participants:

Part C: Pre-Participation Physical

This part must be completed by certified and licensed physicians (MD, D0), nurse practitioners, or physician assistants.

Full name:	High-adventure base participants:	
Date of birth:	Expedition/crew No.: or staff position:	



You are being asked to certify that this individual has no contraindication for participation in a Scouting experience. For individuals who will be attending a high-adventure program, including one of the national high-adventure bases, please refer to the supplemental information on the following pages or the form provided by your patient. You can also visit www.scouting.org/health-and-safety/ahmr to view this information online.

Please fill in the following information:

	Yes	No	Explain
Medical restrictions to participate			

Yes	No	Allergies or Reactions	Explain	Yes	No	Allergies or Reactions	Explain
		Medication				Plants	
		Food				Insect bites/stings	

Height (inches)	Weight (lbs.)	ВМІ	Blood Pressure	Pulse
			/	

Examiner's Certification Normal **Abnormal Explain Abnormalities** I certify that I have reviewed the health history and examined this person and find no contraindications for participation in a Scouting experience. This participant (with noted restrictions): Eyes True False **Explain** Fars/nose/throat Meets height/weight requirements. Has no uncontrolled heart disease, lung disease, or hypertension. Lungs Has not had an orthopedic injury, musculoskeletal problems, or orthopedic surgery in the last six months or possesses a letter of clearance from his or her Heart orthopedic surgeon or treating physician. Has no uncontrolled psychiatric disorders. Abdomen Has had no seizures in the last year. Does not have poorly controlled diabetes. Genitalia/hernia If planning to scuba dive, does not have diabetes, asthma, or seizures. Musculoskeletal Examiner's signature: Date: Neurological Examiner's printed name: Skin issues _State: ____ City: _ Other Office phone:

Height/Weight Restrictions

If you exceed the maximum weight for height as explained in the following chart and your planned high-adventure activity will take you more than 30 minutes away from an emergency vehicle/accessible roadway, you may not be allowed to participate.

Maximum weight for height:

Height (inches)	Max. Weight						
60	166	65	195	70	226	75	260
61	172	66	201	71	233	76	267
62	178	67	207	72	239	77	274
63	183	68	214	73	246	78	281
64	189	69	220	74	252	79 and over	295





Part D-NH: Permission to Possess & Use Epinephrine Auto-Injector and/or Asthma Inhaler

Pursuant to NH RSA 485-A:25-a-g, this form must be completed in its entirety and signed by a parent/guardian AND physician in order for your child to carry an auto-injector and/or asthma inhaler with him/her while at camp.

Physician's Section				
Camper's Name:				
Diagnosis requiring Epinephrine Auto-injector	or/Asthma Inha	ler:		
Are there any other medical conditions?	Yes No	o If Yes, please exp	olain:	
Name/Dose/route of medication:				Date of Order:
Does the camper need assistance with adm	inistration of me	edication? Yes	No If Ye	es, please explain:
Specific recommendations for administratio	n (what sympto	ms would indicate need	d for administrati	on of this medication?)
List any special side effects, contraindication	ns and/or adver	rse reactions to be obse	erved if the medi	cation is administered:
List any adverse reactions that may occur to she receive a dose of the medication:	another child, 1	for whom the above me	edication is not p	rescribed, should he or
As the child's physician, I give permission fo knowledge and skills to safely possess and				or Asthma Inhaler. This child has the
Physician's Signature:				Date
Physician's Name (printed):				
Physician's Business Phone:		Emergency	Phone:	
Physician's Address:				
Parent/Guardian's Section I hereby give permission for the camper nam of New England Council Summer Camp. I wi health lodge for emergencies.				
Parent/Guardian Signature:				Date:



Part D-MA: Supplement Required for all youth participants of all programs at Camp Split Rock and Treasure Valley

Camper's Name:		DOB:					
Shooting Sports - Compl	iance to State Law : Authorized	use of firearms by a mil	nor				
MA State Health Code. As a part BB shooting (Cub Scouts, BSA), r	of the BSA program, the council or	perates several safe shooti A & Venturing, BSA), and a	rnance of BSA National Standards as well as ing sports ranges for Scouts to participate in archery (All Programs). In order to meet the late in such activities.				
MA General Laws Chapter 140, Se shooting sports" stipulates the fol		apons to minors for huntin	g, recreation, instruction and participation in				
hunting, recreation, instru	130 or any general or special law to t action and participation in shooting s nse to carry appropriate for the weap r such activities."	ports while under the supe	rvision of a holder of a valid firearm				
☐ I hereby AUTHORIZE my child, named above, to participate in all events during summer camp including (if age appropriate) use of the shooting sports program areas (for rifle and shotgun under supervision of an FID instructor). ☐ I DO NOT AUTHORIZE my child, named above, to participate in shooting sports activities. However, my child is authorized to participate in all other events and activities of the camp.							
Over-the-Counter Medi	cations						
The following over-the-counter medications will be available through the health officer if a Scout becomes ill during camp. Please check the medications your child may be given if needed. Medicine will be administered per package instructions. Please send your child's own supply of over the counter medicine (in the original container) if they are a normal routine or taken daily. NOTE: Failure to complete this section or to authorize any OTC Medication can result in an uncomfortable experience at camp. If you have any questions regarding administration of medications, please contact camp personnel.							
Check all that are author	orized:						
Acetaminophen (Tylenol)	☐ Pepto Bismol	☐ Bug Spray	Sub Burn Cream (Aloe)				
☐ Ibuprofen (Motrin)	☐ Decongestant	☐ After Bite	☐ Calamine Lotion				
☐ Benadryl/Antihistamine	☐ Antacid	☐ Eye Drops	Antibiotic Ointment				
Anti-Diarrhea	☐ Swimmer's Ear	Sun Block					
Parent/Guardian's Signature:			Date:				

Authorization to Administer Medication to a Camper

(completed by parent/guardian)

** Newly required Summer Camp 2018 *** Per State of Massachusetts – Department of Public Health

All medications brought to camp, including over the counter, epinephrine injectors and inhalers must be included on this
authorization. See Advisory regarding the Parent/Guardian Authorization to Administer Medication to a Camper.

https://www.mass.gov/lists/recreational-camps-for-children-community-sanitation

- All medications must be in original prescription or retail container. All medication must be given by the health supervisor/nurse. This form must be filled completely.
- If more than 4 medications are being brought to camp, please use additional copies of the <u>Authorization to Administer Medications to a Camper packet.</u>
- Please make sure that if any prescriptions are added or changed for the first day of camp that you have updated this form to include those changes.
- We regret any inconvenience that these new State mandated regulations may have and thank you for ensuring we are in full compliance with all applicable State regulations.

Camper and Parent/Guardian Information						
Camper's Name:			Pack/Troop/Unit #:			
Age:	es:					
Diagnosis (at parent/guardian discretion):						
Parent/Guardian's Name:						
Home Phone:		Business Phone:				
Emergency Telephone:						

Licensed Prescriber Information		
Name of Licensed Prescriber:		
Business Phone:	Emergency Phone:	

March 2018 Page 1 of 4

Medication Information 1		
Name of Medication:		
Dose given at camp:	Route of Administration:	
Frequency:	Date Ordered:	
Duration of Order:	Quantity Received:	
Expiration date of Medication Received:		
Special Storage Requirements:		
Special Directions (e.g., on empty stomach/with water):		
Special Precautions:		
Possible Side Effects/Adverse Reactions:		
Other medications (at parent/guardian discretion):		
Location where medication administration will occur: Appropriate TVSR Med Office		

Medication Information 2		
Name of Medication:		
Dose given at camp:	Route of Administration:	
Frequency:	Date Ordered:	
Duration of Order:	Quantity Received:	
Expiration date of Medication Received:		
Special Storage Requirements:		
Special Directions (e.g., on empty stomach/with water):		
Special Precautions:		
Possible Side Effects/Adverse Reactions:		
Other medications (at parent/guardian discretion):		
Location where medication administration will occur: Appropriate TVSR Med Office		

Medication Information 3		
Name of Medication:		
Dose given at camp:	Route of Administration:	
Frequency:	Date Ordered:	
Duration of Order:	Quantity Received:	
Expiration date of Medication Received:		
Special Storage Requirements:		
Special Directions (e.g., on empty stomach/with water):		
Special Precautions:		
Possible Side Effects/Adverse Reactions:		
Other medications (at parent/guardian discretion):		
Location where medication administration will occur: Appropriate TVSR Med Office		

March 2018 Page 2 of 4

Medication Information 4				
Name of Medication:				
Dose given at camp:	Route of Administration:			
Frequency:	Date Ordered:			
Duration of Order:	Quantity Received:			
Expiration date of Medication Received:				
Special Storage Requirements:				
Special Directions (e.g., on empty stomach/with water):				
Special Precautions:				
Possible Side Effects/Adverse Reactions:				
Other medications (at parent/guardian discretion):				
Location where medication administration will occur: Appropriate TVSI	R Med Office			
Authorization Information I hereby authorize the health care consultant or properly trained health care supervisor at				
If above listed medication includes epinephrine injection system: I hereby authorize my child to self-administer, with approval of the health care consultant Yes No Not Applicable I hereby authorize an employee that has received training in allergy awareness and epinephrine administration to administer Yes No Not Applicable If above listed medication includes insulin for diabetic management: I hereby authorize my child to self-administer, with approval of the health care consultant Yes No Not Applicable				
Signature of Parent/Guardian:		Date:		

March 2018 Page 3 of 4

^{** &}lt;u>Health Care Consultant</u> at a recreational camp is a Massachusetts licensed physician, certified nurse practitioner, or a physician assistant with documented pediatric training. <u>Health Care Supervisor</u> is a staff person of a recreational camp for children who is 18 years old or older; is responsible for the day to day operation of the health program or component, and is a Massachusetts licensed physician, physician assistant, certified nurse practitioner, registered nurse, licensed practical nurse, or other person specially trained in first aid.

105 CMR 430 References

105 CMR 430.160(A): Medication prescribed for campers shall be kept in original containers bearing the pharmacy label, which shows the date of filling, the pharmacy name and address, the filling pharmacist's initials, the serial number of the prescription, the name of the patient, the name of the prescribing practitioner, the name of the prescribed medication, directions for use and cautionary statements, if any, contained in such prescription or required by law, and if tablets or capsules, the number in the container. All over the counter medications for campers shall be kept in the original containers containing the original label, which shall include the directions for use. **(M.G.L. c. 94C § 21)**.

105 CMR 430.160(C): Medication shall only be administered by the health care supervisor or by a licensed health care professional authorized to administer prescription medications. If the health care supervisor is not a licensed health care professional authorized to administer prescription medications, the administration of medications shall be under the professional oversight of the health care consultant. The health care consultant shall acknowledge in writing a list of all medications administered at the camp. Medication prescribed for campers brought from home shall only be administered if it is from the original container, and there is written permission from the parent/guardian.

105 CMR 430.160(D): A written policy for the administration of medications at the camp shall identify the individuals who will administer medications. This policy shall:

- (1) List individuals at the camp authorized by scope of practice (such as licensed nurses) to administer medications; and/or other individuals qualified as health care supervisors who are properly trained or instructed, and designated to administer oral or topical medications by the health care consultant.
- (2) Require health care supervisors designated to administer prescription medications to be trained or instructed by the health care consultant to administer oral or topical medications.
- (3) Document the circumstances in which a camper, Heath Care Supervisor, or Other Employee may administer epinephrine injections. A camper prescribed an epinephrine auto-injector for a known allergy or pre-existing medical condition may:
 - a) Self-administer and carry an epinephrine auto-injector with him or her at all times for the purposes of self-administration if:
 - 1) the camper is capable of self-administration; and
 - 2) the health care consultant and camper's parent/guardian have given written approval
 - (b) Receive an epinephrine auto-injection by someone other than the Health Care Consultant or person who may give injections within their scope of practice if:
 - 1) the health care consultant and camper's parent/guardian have given written approval; and
 - 2) the health care supervisor or employee has completed a training developed by the camp's health care consultant in accordance with the requirements in 105 CMR 430.160.
- (4) Document the circumstances in which a camper may self-administer insulin injections. If a diabetic child requires his or her blood sugar be monitored, or requires insulin injections, and the parent or guardian and the camp health care consultant give written approval, the camper, who is capable, may be allowed to self-monitor and/or self-inject himself or herself. Blood monitoring activities such as insulin pump calibration, etc. and self-injection must take place in the presence of the properly trained health care supervisor who may support the child's process of self-administration.

105 CMR 430.160(F): The camp shall dispose of any hypodermic needles and syringes or any other medical waste in accordance with 105 CMR 480.000: Minimum Requirements for the Management of Medical or Biological Waste.

105 CMR 430.160(I): When no longer needed, medications shall be returned to a parent or guardian whenever possible. If the medication cannot be returned, it shall be disposed of as follows:

- (1) Prescription medication shall be properly disposed of in accordance with state and federal laws and such disposal shall be documented in writing in a medication disposal log.
- (2) The medication disposal log shall be maintained for at least three years following the date of the last entry.

March 2018 Page 4 of 4